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Tonsillectomy and adenoidectomy in adults

Complications after tonsillectomy and adenoidectomy in adults. What to expect after a tonsillectomy and adenoidectomy in adults. Indications for tonsillectomy and adenoidectomy in adults. Tonsillectomy and adenoidectomy procedure in adults. Are adenoids removed during a tonsillectomy. Tonsillectomy and adenoidectomy for obstructive sleep apnea in adults.

This information was willing to answer your questions about tonsillectomy with or without adenoidectomy. Please keep this information and read it carefully. You may want to write questions to ask the specialist and / or nurse. Before surgery when your surgery is programmed, information on when and where to go they will be given to you. You will also have given fasting instructions. Unless otherwise specified by your specialist, aspirin and non-steroidal anti-inflammatory drugs should not be used for at least seven days before the intervention. Please bring with you to the hospital: Clean pajama / night wear a book or activity as there may be an attention before the procedure starts the day of the intervention that surgery will take about 45 minutes. You will spend about 3-4 hours in the post anesthetic (Pacu) / Unit Daystay unit. Most patients go home after this time. If you are not sufficiently recovered you may need to stay longer and occasionally you may need to stay overnight. If you have a surgery for messy sleep breathing or the obstructive sleep apnea, you could be held in the hospital for more than 4 hours to observe breathing. If you have other health problems, or don't have a responsible adult to collect you and be with you for 24 hours, an overnight stay is recommended. Before being resigned at home, you will be checked by the specialist and the nurse. This to make sure there are no signs of bleeding, you are well hydrated and you ate food and your pain is adequately managed. After the pain for sore throat surgery you will have a sore throat after surgery. The sore throat will last to increase the TP 10 -14 days. Pain can increase between 5th and 10th day. Vague discomfort with yawn or eating can persist for several weeks. You can check the pain by taking prescribed medications (see section [Medication](#) ... This should be given regularly rather than waiting for pain to return. Drink pretty liquid and eat even the right food? [Hydration section / diet](#) ...). The chewing gum between meals helps to relieve pain from muscular spasm on the back of the throat and jaw muscles and increases salivation and therefore encourages swallowing Regular. Pain could be the worst thing in the morning when you wake up. Manage pain relief and wait 20-30 minutes before trying to eat food or drink, to allow the time of drugs to work. Paracetamol is the Relief of the ideal pain to use before food as anti-inflammatory as ibuprofen can irritate the empty stomach. Ohache eahache is common after tonsillectomy and / or adenoidectomy. This is because the same nerves who perceive the throat pain also go to the ears. Headache can go from being a bit painful to be very painful and can also increase between the 5th and 10th day after the operation. The headache should be managed at the same m Odo del sore throat. Drugs Different pain control methods are used to keep you the [Pain](#)

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